

About NATCON 2025

The Department of Community Medicine, Government Medical College Thiruvananthapuram, proudly hosts the 15th National Conference on Students' Medical Research-NATCON 2025. We are elated to bring together a diverse community of young scholars, researchers, and healthcare enthusiasts to exchange their insights in the field of medical research.

We have curated a diverse program featuring esteemed speakers, stimulating panel discussions, and opportunities for participants to showcase their research through poster/oral presentations. NATCON 2025 presents a platform for students from different institutions to display their trailblazing research works and will also provide them with the unique opportunity to take advantage of the formal and informal discussions with the experts.

With the theme **"Healthy Foundations for a Brighter Future: Adolescent Health Matters"**, this year's conference highlights the pressing health and social issues faced by adolescents and calls for evidence-based, sustainable solutions.

NATCON 2025 features expert lectures, panel discussions, and oral/poster presentations, offering young minds an opportunity to grow, network, and contribute meaningfully to the field of medical research.

Join us in Kerala, the God's Own Country, where knowledge meets culture, and discovery meets nature.

Important Dates

Registration opens - **1st June 2025**

Abstract submission opens - **1st June 2025**

Registration closes - **7th July 2025**

Abstract submission closes - **7th July 2025**

Organizing Committee

Chairman

Dr PK Jabbar
Principal
Government Medical College
Thiruvananthapuram

Co-Chairman

Dr Usha Devi
Vice Principal
Government Medical College
Thiruvananthapuram

Organizing Secretary

Dr Anuja U
Professor and Head
Department of Community Medicine
Government Medical College
Thiruvananthapuram

General Convenor

Dr Gayatri L K
Assistant Professor
Department of Community Medicine
Government Medical College
Thiruvananthapuram

Joint Convenors

Dr Jeena Ramesh
Associate Professor (CAP)

Dr Jincy J
Assistant Professor

Organizing Convenors

Dental Convenor: Dr Dithi C

Pharmacy Convenor: Dr Winson Sam

Nursing Convenor: Mrs Swapna K V

PG Convenors: Dr Sebin Sebastian
Dr Zajil Nizar
Dr Neeraja M
Dr Sarath R
Dr Aiswarya S
Dr Rajeev K R

UG Convenors:

Mr Nikhil P Vinod
Mr Ananthapadmanabhan P

Conference Highlights

Best Paper Awards and Cash Prize

Theme Presentations

Panel Discussion

Quiz Competition - UG with Cash Prize

PG Workshop - AI in Research

Cultural Events

Gala Dinner

Contact

Dr Aiswarya S - 96564 17628

Dr Neeraja M - 9447838892

Dr Zajil Nizar - 9495430937

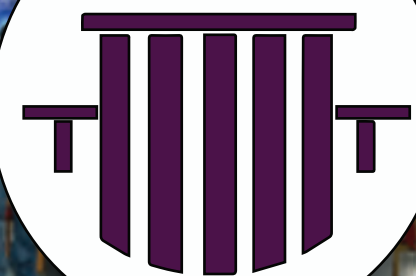
Dr Gayatri L K - 90741 15209

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✉ natcongmcetvm@gmail.com

15TH NATIONAL CONFERENCE ON STUDENTS' MEDICAL RESEARCH 2025

NATCON'25



**Healthy Foundations for a Brighter Future:
Adolescent Health Matters**

28th & 29th July 2025



Department of Community Medicine
Government Medical College Thiruvananthapuram
Affiliated to Kerala University of Health Sciences



Greetings from NATCON 2025

We warmly invite you to be a part of NATCON 2025, where curiosity meets collaboration, and innovation shapes the future of healthcare. This conference offers a unique opportunity to explore fresh perspectives in medical research, share impactful experiences, and strengthen your research acumen—especially in the emerging domains of public health and adolescent health.

NATCON 2025 seeks to spark critical conversations and foster a robust research culture that translates into evidence-based medical practice. We look forward to your enthusiastic participation in this academic journey that celebrates inquiry, exchange, and progress.

Warm regards,
Dr P.K. Jabbar
Chairman, NATCON 2025

Who Can Apply and Registration Fee?

Undergraduate Students	: Rs 2000
Interns (Medical)	: Rs 2500
Postgraduates / MPH	
- E presentation for PG's & Faculty	
Outside Kerala	: Rs 3000
- Medical/Dental/Pharmacy/Nursing	: Rs 3500
Faculty / Senior Residents /PhD scholars	: Rs 4000

* Only one poster/oral presentation is allowed per person
Additional Fee of Rs 500 for PG Workshop

For Registration
& Abstract Submission

Scan or Click
<https://commedtvm.com/>



Programmes

Day 1 – July 28th 2025

Theme Presentation

Adolescent health Programmes in India, Sexual and Reproductive Health Awareness

Dr Zoya Ali Rizvi, Deputy Commissioner, MoHFW

Adolescent Health in Kerala: Challenges and Way Forward

Dr Amar Fettle, State Nodal Officer, Adolescent Health, NHM Kerala

Prevention of nutritional and life style diseases in adolescents

Dr Jugal Kishore, Director & Professor, Community Medicine, VMMC & Safdarjung Hospital, New Delhi; Secretary General, Indian Association for Adolescent Health.

Adolescents and Digital Era

Shri Ankit Ashokan, IPS, SP, Cyber Operations and Technical Intelligence, Kerala

From Risk to Resilience – An overview to Adolescent Mental Health and Addiction

Dr Anilkumar TV, HOD, Dept of Psychiatry, Govt Medical College, Ernakulam

Addressing violence and abuse in adolescent

Shri S Shamnad, Senior Civil Judge & Secretary
Thiruvananthapuram District Legal Services Authority (TDLSA)

Oration

MRS Menon Research Foundation Trivandrum Medical College Alumni

Dr MKC Nair former Vice-Chancellor, Kerala University of Health Sciences, and founder Director of Child Development Centre,

PG Workshop

AI In Medical Research

Dr Sharon Baisil, Associate Professor,
Department of Community Medicine,
MOSC Medical College Kolenchery
Additional Fee of Rs 500 for PG Workshop, Limited Seats Available

Panel Discussion

Moderator: Dr Indu P S, Principal, Govt Medical College, Kasaragod

Inclusivity & diversity: Promoting health & well-being for LGBTIQ+ adolescents, & other marginalized groups.

Dr Jayasree AK, Professor & HOD, Dept of Community Medicine Govt Medical College, Kannur

Adolescent-friendly healthcare services- Improving access to healthcare services for adolescents.

Dr Jugal Kishore, Director & Professor, Community Medicine, VMMC & Safdarjung Hospital, New Delhi; Secretary General, Indian Association for Adolescent Health.

Community engagement and participation promoting adolescent health.

Mr Anson P D Alexander, Director, NGO, 'Kanal'

Role of Education in shaping a child's future.

Smt. Famila E R, Principal (Rtd), Textbook writer & translator, Resource person of Health education & Life skill programme

Adolescent perspective:

Ahana N, class 10, St. George Central School, Anchal.

Oration Pranaamam '94 MBBS Batch Alumni Trivandrum
Optimising Height in Children and Adolescents
: The Story of My Experiments with Growth

Dr .Vimal. M.V., MD, DNB, DM Endocrinology
Senior Consultant & HOD, Aster MIMS, Kozhikode, Kerala.

Quiz for Undergraduate Medical Students

Registration Mandatory
Team of 2 each: Maximum of 2 teams per college
First Prize: Rs: 5000. Second Prize: Rs 3000, Third Prize: Rs2000

Cultural Events and Gala Dinner

Day 2 – July 29th 2025

Research Paper Presentations

Cash Prize for Best presentation for each sessions

Valedictory Function

Supported by

Trivandrum Medical College Alumni Association
Trivandrum Medical College PTA
Pranaamam '94 MBBS Batch Alumni Trivandrum
State TB Cell - DHS
National Health Mission - SMD